



# LEO A. HOFFMANN CENTER'S "JOURNEY TO NEW BEGINNINGS" NEWSLETTER - SEPTEMBER 2013

1715 SHEPPARD DRIVE – PO BOX 60, ST. PETER, MN 56082

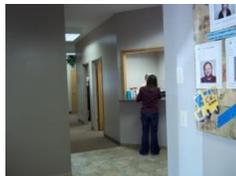


**From the Desk of Gene Taylor,  
M.S., LPCC Executive Director**

*Whether we are ready for it or not, Fall  
Is Here!!*

**E**xciting changes within our campus and programs continues to be our focus in advancing Hoffmann Center! Our strategic approach of enriching our service delivery systems and making some infrastructural changes to improve the campus environment, are in process. We continue to remain true to our mission and attempt to make progressive plans for future growth by keeping on top of the growing needs of clients and their families.

**H**offmann Center is once again in the process of revitalizing our campus environment with building, remodeling, and improving technical communications on campus. In the month of June and July, Hoffmann Center remodeled its Administrative office. We moved away from the open cubical approach to single offices to provide more privacy for clients and their parents. In this process we adapted certain areas to be designated for outpatient services. The concept was focused on creating a more appealing, inviting and friendly environment. We believe we have done just that. Come visit us and see our new Administrative offices and reception area!



**T**he biggest building project on campus is the building of our new Kitchen/Dining area to serve fresh food on campus! This will be a great addition to Hoffmann Center, providing more space for activities and gatherings as well as central dining. As a part of this project, we are also adding on to two of the

four living units. This should provide more opportunities for clients to have space to do various activities and space for work on hobbies and crafts and more defined study areas. These building renovations are projected to be completed somewhere around the end of November. For those of you coming to our campus please excuse the construction and equipment!



**A**s an agency we continue to look for innovative ways to provide services to keep up with the increasing demands of client care. This last year we have moved into not only providing a more client centered approach but also providing more family focused involvement with their son's. This approach has provided families a constant line of communication and more opportunities for them to have individual and group therapy sessions. In tracking family participation, we found that this increased family involvement has dramatically improved from 40% to 98% in the last year! This significant increase can be attributed to our family therapist and the treatment teams' support toward client care.

## Hoffmann Center In The Development Phase!!

**T**he increase of referrals has placed Hoffmann Center in a great position to start considering options to assist counties and private referrals sources in getting placements in a more timely fashion. Currently on the drawing board, the Strategic Planning Committee has decided to explore expansion for another unit for 8 to 16 more clients. This new unit would provide more flexibility as well as opportunities for clients to get assessed immediately. (Continued on back page . . .)

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**S**t. Peter Counseling Center, a division of the Leo A. Hoffmann Center, is located on our campus. Our outpatient services have steadily increased, as the need for outpatient services seems to be growing. Hoffmann Center is also examining the possibility of moving ahead in exploring other possible sites to provide outpatient services. The Strategic Planning Committee is in the process of considering an extension of these out-patient services, possibly in the metro area. Our outpatient mental health specialized services include assessments family, individual counseling and out-patient groups for adolescents and adults.

*"Every accomplishment starts with the decision to try."*

*-Unknown*

**Trauma Focused Cognitive Behavioral Therapy (TF-CBT)**

**W**e are also excited to announce that at the present time, we have four therapists and the Clinical Supervisor, who are being training in this evidence-based program! Trauma Focused Cognitive Behavioral Therapy (TF-CBT) is a short term treatment to help children (age 3-18) overcome the painful effects of experiencing traumatic life events.



**Therapeutic Activities At Hoffmann Center**

We had a wonderful fun filled summer; with all the hot weather, the residents were able to go swimming, fishing, and learn how to canoe. The residents spent some leisure time learning some basic cooking skills by grilling out, going to the library, as well as other group and individual games. Brad Walsh, Recreation Coordinator, was busy this summer developing and providing a safe environment where residents felt protected and encouraged to develop significant

relationships with peers and others. He has been coordinating all the events and activities to develop basic skill sets for team sports and leisure activities. Typically we find clients are unable to communicate personal issues and needs to family members and staff has worked hard this summer to increase client's communication with their families through leisure activities.



**H**offmann Center is licensed by the Department of Human Services as a Rule 5 facility. **Counties who place boys with us are able to seek federal funds through Medical Assistance and Title IV-E.** This allows counties to be reimbursed for **over 57%** of the per diem costs! Hoffmann Center does not bill for clients who are on straight medical assistance (counties bill) but our programs are MA reimbursable! Hoffmann Center ***DOES*** bill the treatment portion to insurance companies for clients who are on Prepaid Medical Assistance (PMAP). This means that counties are only responsible for the Room & Board portion!

***Also***, did you know that **Hoffmann Center, as a Rule 5 licensed facility, is frequently eligible for private insurance coverage?** We are very willing to work with counties and parents to check for eligibility of coverage prior to placement. In some cases, **Hoffmann Center has reimbursed the referring county 100% of the total per diem they paid!** If you have questions about this or would like additional information, please contact our office at (507)934-6122. We are very happy to work with counties in helping to keep placement costs down!

**If you have questions, would like additional program information, or are interested in a tour of our campus, please give us a call at (507)934-6122.**